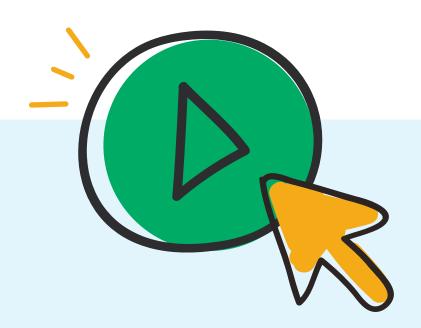
## VIDEO MODULE 5





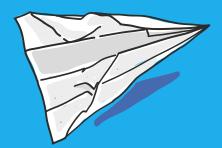
# BUILD CONFIDENCE THROUGH PREPARATION

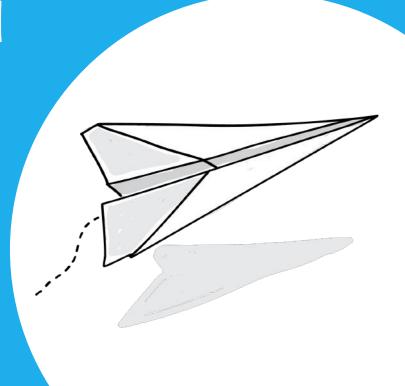
**Inspiring Change Through Our Stories** 

Schools2030 Mini Course

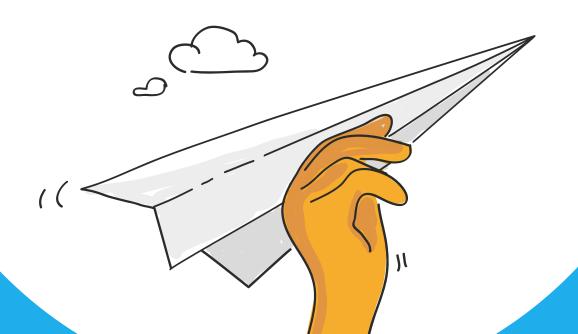


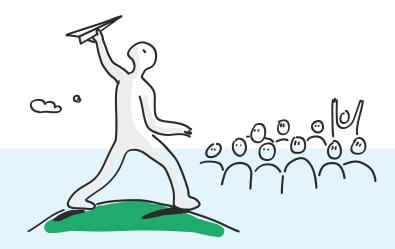






### PREPARE, PRACTICE AND REFINE





#### THE FUNDAMENTALS OF PUBLIC SPEAKING

Public speaking is a common fear.

Preparing and practicing can help you to gain confidence and deliver your pitch in a compelling way.



#### WHY PREPARING IS IMPORTANT?

Being prepared to present can reduce nerves and boost your confidence.

Make sure you have a clear plan for your presentation.

Make sure you have all of the technology you need and that your slides are ready and accessible.



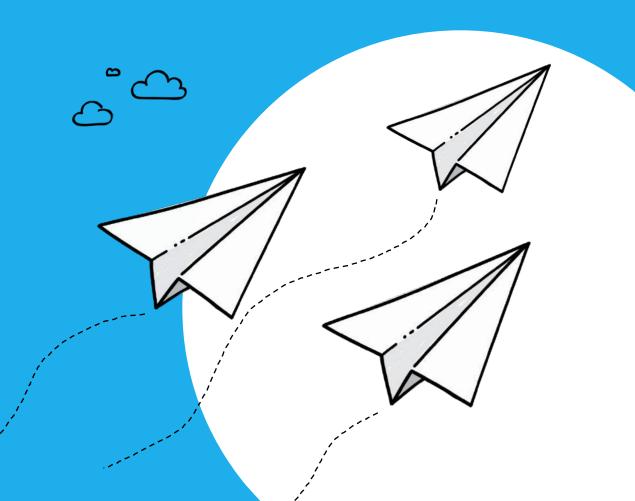
#### WHY PRACTICING IS IMPORTANT?

Practicing your presentation can also help you build confidence and refine the delivery of your presentation. Practice alone and with friends or loved ones to get feedback. Practice delivering your speech with the notes and aides you need to feel confident.

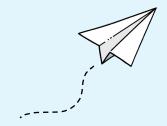
Get comfortable using those aides.



# PROJECT WORK



#### ASSIGNMENT:



Practice your pitch.

Meet with a policymaker or business leader that your Schools2030 staff member pairs you with. This person will then give feedback using the presentation rubrics.

Iterate based on feedback.